



## **Endon High School Sex and Relationship Education Policy (SRE)**

### **Principles**

This policy is set within the framework of the 1996 Education Act, Sex Education in Schools and in conjunction with The Equality Act 2010.

The school considers sex education to be an important part of its work in preparing young people for adult life. Young people face great pressures from their peers, the media and society in general on sexual matters.

Sex education should not be seen as an isolated topic. It needs to be an integral part of the learning process which includes such concepts as growing and changing, the life-cycle, puberty, reproduction and sexual health. It is also about emotions, relationships and responsibilities and should be set in the context of caring relationships.

The school believes that all pupils are entitled to a sex education programme which encourages the understanding, tolerance and valuing of different views and beliefs. The school's sex education programme seeks to complement and support the role of parents.

Parents have the right to withdraw their children from sex education lessons (other than those which form part of the National Curriculum Science course) but they are encouraged to discuss the programme and their concerns with the school first so that any misunderstandings can be corrected and fears allayed.

### **Aims**

- 1 To ensure that all pupils receive appropriate information on the biological aspects of sexuality as part of their National Curriculum Science course.
- 2 To encourage an ethos of trust and openness where topics can be freely discussed.
- 3 To help pupils to develop informed, reasoned and responsible attitudes.
- 4 To help pupils develop self-esteem and self-confidence leading to responsible caring relationships.
- 5 To ensure that all pupils are aware of the risks associated with irresponsible sexual behaviour and of agencies for support, counselling and practical help.

### **Practice**

- 1 All pupils are taught the biological facts about puberty, menstruation and reproduction as part of their Science National Curriculum.
- 2 Within the Personal and Social Education programme, all pupils are taught about STIs (sexually transmitted infections), positive self-image, peer pressure, consequences of unprotected sex and contraception.
3. Sex education and the wider area of personal health is delivered in discrete Wellbeing days to each year group where the topics covered are tailored to the age and experiences of the particular pupils involved.
- 4 Sex education in school is set within the context of caring relationships, within a moral framework.

- 5 Pupils explore moral values, the role of the family, the role of religion, parenting, gender issues and stereotyping as part of the sex education programme, delivered within both Personal, Social and Health Education and Religious Education lessons.
- 6 Pupils are encouraged to discuss social and peer pressures and to develop self-esteem and assertiveness in relationships.
- 7 Colleagues from other agencies assist with the delivery of sex education including the school nurse and health care professionals from the local NHS and others as appropriate.
- 8 Sex education takes place in tutor groups unless single sex grouping is considered more appropriate for specific issues (eg menstruation) and is also integrated within the curriculum in normal teaching groups.
- 9 Where a pupil discloses sexual abuse or where a teacher has reason to suspect such abuse, immediate action must be taken in line with the Safeguarding Procedures.
- 10 Confidentiality - a teacher approached by an individual pupil for specific advice on contraception or other aspects of sexual behaviour should encourage the pupil wherever possible to seek advice from her/his parents and/or from the relevant health service professional (family GP or school nurse).

Reviewed by Governors: October 2017

To be reviewed every 3 years – next review October 2020

## **Appendix 1**

### **Agencies used to assist in the SRE at EHS**

Wellbeing days are structured and adapted to suit each year groups needs and ability. We educate the pupils internally following a set structure in curriculum lessons, assembly time, and also additional Learning for Life time. We also use a wide variety of different specialist agencies' to aid us with the delivery including;

- Health Education with the School nurse
- Drugs education through T3 and County Adviser
- SRE team from Staffordshire
- First Aid training is done through Heart Start or St Johns ambulance.
- Community police officer
- Relationships without Fear Team from Staffordshire

Other Information Entrust provides regular training on delivery to the DTL of PSHEe and also the School Council representative about SRE issues

- The School have engaged with the Staffordshire incentive of having 'Smoking Ambassadors' who have been trained by external agencies to help gain understanding about the relationship of smoking on health, family and friends.

The SRE team have delivered clinic sessions and also brought the SRE team bus into school as an alternative way of providing information to pupils.